

Helen Roberts



Benn, Barry et al. (2007) A practical guide to teaching gymnastics. Armley, Leeds [England]: Published on behalf of afPE by Coachwise.

Bryce-Clegg, A. (2013) 50 fantastic ideas for physical activities outdoors. London: Featherstone Education.

Byl, John (2004) 101 fun warm-up and cool-down games. Champaign, IL: Human Kinetics. Clancy, M.E. (2006) Active bodies, active brains: building thinking skills through physical activity. Champaign, III: Human Kinetics.

Dienstmann, R. (2008) Games for motor learning. Champaign, IL: Human Kinetics.

Doherty, Jonathan and Bailey, Richard (2003) Supporting physical development and physical education in the early years. Buckingham [England]: Open University Press.

Goddard, S. (2005) The well balanced child: movement and early learning. Rev. ed. Stroud: Hawthorn.

Hannaford, C. (2005) Smart moves: why learning is not all in your head. 2nd ed., rev.enl. Salt Lake City, Utah: Great River Books. Available at: http://bangor.eblib.com/patron/FullRecord.aspx?p=1160566.

Hastie, P.A. (2010) Student-designed games: strategies for promoting creativity, cooperation, and skill development. Champaign, IL: Human Kinetics.

James, A., Elbourn, J., and Association for Physical Education (2016) Safe practice: in physical education, school sport and physical activity. Ninth edition. Leeds: Coachwise.

John Lawton (10AD) Complete Guide to Primary Swimming. Champaign: Human Kinetics Publishers.

Jumbo, C. and Hurn, R. (2010) 101 dance ideas: age 5-11. 1st ed. London: A. & C. Black. Available at: http://Bangor.eblib.com/patron/FullRecord.aspx?p=863166.

Lavay, B.W. et al. (2006) Positive behavior management in physical activity settings. 2nd ed. Champaign, IL: Human Kinetics.

Ludlow, R. and Phillips, M. (2012) The little book of gross motor skills. London: Featherstone Education.

Nurse, A.D. (2009) Physical development in the early years foundation stage. London:

Routledge. Available at: http://bangor.eblib.com/patron/FullRecord.aspx?p=1639169.

Pica, R. (2008) Physical education for young children: movement ABCs for the little ones. Champaign, IL: Human Kinetics.

Virgilio, S.J. (2006) Active start for healthy kids: activities, exercises, and nutritional tips. Champaign, IL: Human Kinetics.

Whitlam, P. and Association for Physical Education (2012) Safe practice in physical education and school sport. 8th ed. Leeds: Coachwise.